AUDEOACE
Individuals who have completed all Course requirements for Tai Chi Fundamentals® Adapted (TCFA) or Original Tai Chi Fundamentals® (TCF) programs and wish to prepare for certification or keep their certification current.

DESCRIPTION
Prerequisite: Courses One and Two (TCFA)
Courses One and Three (TCF)

Helps you prepare for certification in TCFA or TCF. Enhances movement proficiency, teaching skills, includes analysis and applications, Mind/Body Skills review. Plus, coaching in constructive feedback and adjusting postural alignment. Also reviews Everyday Qi Gong for calming, uplifting and balancing energy.

AGENDA
Schedule: 9:00am-12:25pm; 1:30-4:55pm
Includes large and small group instruction and partner teaching practicums. Content tailored to needs of participants for preparing for certification.

COURSE OBJECTIVES
1. Review performance and memorization of Basic Moves and Form of choice to prepare for Movement Testing portion of certification.
2. Review rationale for teaching sequences, guidelines for practice and functional benefits for all Basic Moves to prepare for teaching skills portion of certification Movement Testing.
4. Practice and review other areas of your choice.

INSTRUCTOR will be one of the following:

Patricia Culotti, CTI, MTF, TCF Master Teacher and Tai Chi Prime Master Trainer.
Rachel Sandretto, Advanced Certified TCF Instructor and Tai Chi Prime Master Trainer.

CERTIFICATION
TCF and TCFA Program certification require a minimum of 30 contact hours. Many people need more training; experienced tai chi players need less. Certification requires additional fees, written and movement tests. More information:
TCFA: https://taichihealth.com/?page_id=3134
TCF: https://taichihealth.com/?page_id=3130

Approved for 6 CEUS by Wisconsin Physical Therapy Association