



Tai Chi with Enhancing BALANCE

Winter/Spring T'ai Chi Ch'uan 2025 classes

Wauwatosa Rec Dept classes

Monday eves (In person & Zoom) June 9 to July 28, 2025
Beginners at 6pm OR Continuing at 7pm
Wauwatosa west High School Cafeteria

Tuesday Mornings Outdoor June 10 to July 27, 2025
Beginners 8am at Hoyt Park Pool area (no zoom)

Enhancing Balance classes at Open Door Movement Studio— NEW for 2025

Wednesdays: In person & zoom

June 11 to July 30, 2025 9am Beginners Fundamentals
OR 10am Continuing students Traditional Form Class

Registration for above locations through:

Wauwatosa Recreation Department Website
For info call: 414-773-2900 or www.tosarec.com

**NEW Push Hands class (Two Person Practice) at
Open Door on Wednesdays at 11am starting
June 11th, 2025. This class will be registered
through Enhancing Balance**

Open Door: FREE

Tai Chi TRY-IT 1st Fri &

10:00 am to 11:00 am **May 2, June 6.**

9:00 to 9:30 **Jun. 11, 2025 or July 30, 2025**

Please contact us pat@EnhancingBalance.com

Instructor pat@enhancingbalance.com

Pat Corrigan Culotti has been teaching T'ai Chi Ch'uan since 1981 and has been studying extensively with world renowned instructors since 1977. She has been formally certified by Michael Milewski of the T'ai Chi Ch'uan Center of Milwaukee, Grand Masters William C. C. Chen and Benjamin Lo.

class locations

Wauwatosa West High School -Mondays
11400 W. Center Street in Wauwatosa

Hoyt Park Pool Area -Tuesday am
1800 N Swan Blvd Wauwatosa

Open Door Movement Studio -Wed am
9205 w. Center St. Suite 202 Milwaukee, WI 53222

registration fee for Open Door Push Hands Only Wednesday class at 11am

\$110.00 for 8 week session if attending separately
\$70.00 if attending 10am Form class through Tosa

make check payable to:

Pat C. Culotti (a \$20 processing fee will be charged for returned checks) no refunds

Or send funds via Venmo

@Patricia-CorriganCulotti

Here is a link if you are using the app:

[https://venmo.com/code?
user_id=2691984695230464451](https://venmo.com/code?user_id=2691984695230464451)

please fill out this form for Open Door Push Hands Only! 262-271-1061 www.enhancingbalance.com

Name:

address:

city:

zip:

Home/cell

work/cell

email:

please circle: Wed. 11am Push hands class only (\$110) 11 am Push hands following Form class (\$70)

All Wednesday Morning classes are at Open Door Movement studio

General Liability Release—Informed Consent (Signature Required for Processing)

I desire to participate voluntarily in the T'ai Chi Ch'uan Classes. I agree to assume the risk of participating in the T'ai Chi classes and hold harmless the instructors, assistants, Open Door Movement Studio & Enhancing Balance and their Board of Directors from any and all claims, suits, losses, or related causes actions or damages, including but not limited to, such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from the T'ai Chi Ch'uan instructional program. In signing this form, I affirm that I have read this form and agree to the terms described above.

signature:

date:

if mailed, send by 5 days prior start to: **Enhancing Balance** 4595A Turtle Creek Dr. Brookfield, WI 53005

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