



Tai Chi with Enhancing

BALANCE

Winter/Spring T'ai Chi Ch'uan 2025 classes

Wauwatosa Rec Dept classes (n/c 9/29, 10/13 or 10/24)

Monday eves (In person & Zoom) Sept 8 to Dec 15, 2025

Beginners at 6pm OR Continuing at 7pm

**Enhancing Balance classes at Open Door
Movement Studio— NEW for 2025**

Wednesdays: (n/c 10/1 or 11/26) In person & zoom

**Sept 10 to Dec 10, 2025 9am Beginners Fundamentals
OR 10am Continuing students Traditional Form Class**

Registration for both locations through:

Wauwatosa Rec Department Website

For info call: 414-773-2900 or www.tosarec.com

**NEW Push Hands class (Two Person Practice) at Open
Door on Wednesdays at 11am starting sept 10, 2025. This
class will be registered through Enhancing Balance**

**Open Door: FREE
Tai Chi TRY-IT**

10:00 am to 11:00 pm Dec 5, 2025.

9:00 to 9:30 Dec. 10, 2025 or Jan 14, 2026

Please contact us

pat@EnhancingBalance.com

web site for more info: www.EnhancingBalance.com

Instructor pat@enhancingbalance.com

Pat Corrigan Culotti has been teaching T'ai Chi Ch'uan since 1981 and has been studying extensively with world renowned instructors since 1977. She has been formally certified by Michael Milewski of the T'ai Chi Ch'uan Center of Milwaukee, Grand Masters William C. C. Chen and Benjamin Lo.

class locations

Wauwatosa West High School -Mondays

11400 W. Center Street in Wauwatosa

Open Door Movement Studio -Wed am

9205 w. Center St. Suite 202 Milwaukee, WI 53222

FOR ZOOM Link info for beginner and continuing classes
contact Pat at: pat@enhancingbalance.com

**registration fee for Open Door Push Hands Only
Wednesday class at 11am**

\$165.00 for 12 week session if attending separately

\$110.00 if attending 10 am Form class through Tosa

make check payable to:

Pat C. Culotti (a \$20 processing fee will be charged
for returned checks) no refunds

Or send funds via Venmo

@Patricia-CorriganCulotti

Here is a link if you are using the app:

[https://venmo.com/code?
user_id=2691984695230464451](https://venmo.com/code?user_id=2691984695230464451)

please fill out this form for Open Door! 262-271-1061 www.enhancingbalance.com

Name:

address:

city:

zip:

Home/cell

work/cell

email:

please circle: Wed. 11am Push hands class only (\$165) 11 am Push hands following Form class (\$110)

All Wednesday Morning classes are at Open Door Movement studio

General Liability Release—Informed Consent (Signature Required for Processing)

I desire to participate voluntarily in the T'ai Chi Ch'uan Classes. I agree to assume the risk of participating in the T'ai Chi classes and hold harmless the instructors, assistants, Open Door Movement Studio & Enhancing Balance and their Board of Directors from any and all claims, suits, losses, or related causes actions or damages, including but not limited to, such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from the T'ai Chi Ch'uan instructional program. In signing this form, I affirm that I have read this form and agree to the terms described above.

signature:

date:

if mailed, send by 5 days prior start to: **Enhancing Balance** 4595A Turtle Creek Dr. Brookfield, WI 53005

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