



Tai Chi with **Enhancing**

# BALANCE

262/662-1060  
enhancingbalance.com

## 12-week T'ai Chi Ch'uan 2018 classes

**Instructors** pat@enhancingbalance.com

### G-Form Fitness classes

**Wednesdays:**

**September 19 to December 12** n/c 11/21

Beginners: 6:00-7:00pm

Continuing 7:00- 8:15pm

### Enhancing Balance classes at Dreams Life & Wellness Center

**Wednesdays:**

**September 19 to December 12** n/c 11/21

Beginners: 9:00-10:00am

Continuing 9:00-10:30 am

**Free Try-it Sept 19, Dec 12, 9-9:30 am**

**G-FORM: FREE  
Tai Chi TRY-IT on  
Sept 19, Nov 28**

**Please come at 6:00 pm-6:30 pm**

web site for more info: [www.EnhancingBalance.com](http://www.EnhancingBalance.com)

**Pat Corrigan Culotti** has been teaching T'ai Chi Ch'uan since 1981 and has been studying extensively with world renowned instructors since 1977. She has been formally certified by Michael Milewski of the T'ai Chi Ch'uan Center of Milwaukee, Grand Masters William C. C. Chen and Benjamin Lo.

**Michael Culotti** has practiced martial arts since 1975 and studied T'ai Chi since 1987. He is a graduate of the Midwest College of Oriental Medicine and is currently a Licensed, practicing Acupuncturist in West Allis and Waukesha.

### class location

#### **G-form Fitness Pilates Studio**

On Bluemound Road just east of Barker  
19700 W. Bluemound Rd, Brookfield

#### **Dreams Life & Wellness center**

Downtown Waukesha

732 Clinton St, Waukesha

### registration fee

\$140.00 Form for 12 week session

\$130.00 if paid one week in advance

### make check payable to

Pat C. Culotti (a \$20 processing fee will be charged for returned checks) no refunds  
Sword is considered if enough interest (\$60)

please fill out this form!  
**ENROLL**

**name:**

**address:**

**city:**

**zip:**

**Home/cell**

**work/cell**

**email:**

**please circle:** Sept. Wed. 6:00 pm Beginner **OR** Wed. 7:00 pm Correction

Wednesday 9—10:00 a.m. Fundamentals **OR** Wednesday. 9:00—10:30 a.m. Yang form

### **General Liability Release—Informed Consent** (Signature Required for Processing)

I desire to participate voluntarily in the T'ai Chi Ch'uan Classes. I agree to assume the risk of participating in the T'ai Chi classes and hold harmless the instructors, assistants, Dreams Life & Wellness Center, G-Form fitness & Enhancing Balance and their Board of Directors from any and all claims, suits, losses, or related causes actions or damages, including but not limited to, such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from the T'ai Chi Ch'uan instructional program. In signing this form, I affirm that I have read this form and agree to the terms described above.

**signature:**

**date:**

if mailed, send by 5 days prior start to: **Enhancing Balance** W249 S6680 Center Dr, Waukesha, WI 53189