

## **FREE INTROS 2017:**

### **On Break:**

**Reaching Treetops Yoga**  
Please check back in 2017  
Monday 9:00—10:00am  
820 N Grand Ave Waukesha

### **Wisconsin Athletic Club Wauwatosa WAC:**

**Apr 17, May 8, 2017**  
Monday 5:00—5:30 pm  
**Free Try-it Apr 24, 5-5:45pm**  
**Apr 18, May 9**  
Tuesday 10:00—10:30 am  
**Free Try-it Apr 25, 10-11 am**  
8700 W. Watertown Plk Rd.  
[www.thewac.com](http://www.thewac.com)

**At Aurora Women's Pavilion**  
**May 2, May 16, Jul 11, 2017**  
Tuesday. 5:00—6:00 pm  
8901 W. Lincoln Av West Allis  
Resilience Room  
[www.AuroraHealthCare.org](http://www.AuroraHealthCare.org)

**Wauwatosa Rec Dept  
Tosa West High School:**  
**May 22, Jun 12,  
Aug 21, 2017**  
Monday 6:00-7:00pm  
11400 W. Center St. Tosa

**G-Form Fitness**  
**Apr 12, May 10, Jun 21 2017**  
Wed. 6:00—7:00 pm.  
19700 W. Bluemound, Brkfld  
[www.gformfitness.com](http://www.gformfitness.com)

**Enhancing Balance**  
Register: 262/662-1060  
**Apr 12, May 31, Jun 21 2017**  
Wed 9:00—9:30 am.  
W249 s6680 Center, Waukesha  
[www.enhancingbalance.com](http://www.enhancingbalance.com)

Register Early to insure space;  
262-662-1060  
Introductory classes are FREE.  
Regular classes start after  
intros —call for times and costs  
at each location.



# **FREE Tai Chi Intro Classes**

Please join Master Certified instructor,  
**Pat Corrigan Culotti** with students and experience  
this ancient art to learn first hand, why it has  
become so popular in today's modern world. This  
calm peaceful martial art develops supreme  
internal strength for the  
body, mind and spirit. You will be invited to  
participate and experience.

brought to you by:  
[enhancing balance](http://www.enhancingbalance.com)



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[pat@enhancingbalance.com](mailto:pat@enhancingbalance.com)  
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